

Written Statement

Dr. William T. Thorwarth, MD, Chief Executive Officer, American College of Radiology
Subcommittee on Labor, Health and Human Services, Education and Related Agencies
House Appropriations Committee
In Support of FY 2024 Appropriations for the National Institutes of Health

Chair Aderholt, Ranking Member DeLauro, and members of the Subcommittee, I am Dr. William T. Thorwarth, Chief Executive Officer of the American College of Radiology (ACR), a professional association representing more than 41,000 diagnostic radiologists, interventional radiologists, radiation oncologists, nuclear medicine physicians and medical physicists. On behalf of the ACR we are honored to present this testimony in support of robust appropriations for biomedical research at the National Institutes of Health (NIH). ACR urges the Subcommittee to provide at least \$50.9 billion to the NIH for fiscal year (FY) 2024, an increase of \$3.5 billion over FY 2023 levels, and in addition the release of the 21st Century Cures funds. Additionally, with the authorization of the Advanced Research Projects Agency for Health (ARPA-H), ACR supports an additional increase to this new agency, while maintaining it as a separate appropriation outside of the NIH base budget, in FY 2024.

As a specialty with a long history of innovation, we know that strong and predictable funding for NIH and our national research infrastructure allows for the continued advancement of scientific discoveries and breakthroughs, improving the lives of patients with a wide spectrum of diseases and disorders, many of whom depend on radiology and imaging tools for prevention, diagnosis, and treatment of disease. ACR is grateful for the Subcommittee's past eight years of increased support of NIH and encourages the continuation of advancing biomedical research in radiology and imaging science, including within institutes such as the National Cancer Institute (NCI) and the National Institute of Biomedical Imaging and

Bioengineering (NIBIB). In this testimony I will briefly describe four examples of how robust NIH funding has improved radiology patient care.

Impacting the Future of Medical Imaging

ACR has historically been a leader in the radiology clinical trial space, helping to develop and implement new prevention, diagnosis, and treatment approaches at a faster pace for a variety of diseases and disorders. One of the most successful examples of advancing imaging practices through clinical research is the ACR-led National Lung Screening Trial (NLST). NLST was conducted by the American College of Radiology Imaging Network, a medical imaging research network focused on the conduct of multicenter imaging clinical trials, and the Lung Screening Study group established by the NCI to examine the feasibility of improving survival of lung cancer patients.¹

The NLST study compared two ways of detecting lung cancer: low-dose computed tomography (CT), and standard chest X-ray. The study found that participants who received low-dose CT scans had a 15 to 20 percent lower chance of dying from lung cancer than participants who received standard chest X-rays. The NLST study confirmed that screening with the use of low-dose CT reduces mortality from lung cancer, confirming the effectiveness of imaging for patients at risk for lung cancer. Thanks to the NLST study, low dose CT screening for lung cancer is now a widely available and critical tool in the early diagnosis of this deadly disease, helping to save thousands of lives each year.

Advancements in Cardiac Imaging Diagnosis

¹ <https://www.cancer.gov/types/lung/research/nlst>

Heart disease is the leading cause of death in the United States, accounting for 1 in every 5 deaths in 2020.² ACR is pleased to be included in the NIH funded RESCUE trial (Randomized Evaluation of Patients with Stable Angina Comparing Utilization of Noninvasive Examinations), which has significant impact on patient evaluation. RESCUE compared two diagnostic imaging approaches, using coronary computed tomography angiography (CCTA) and single photon emission computed tomography myocardial perfusion imaging (SPECT MPI).³ The two tools were compared to see which was most effective to assess the severity of ischemic heart disease in patients with stable angina symptoms. The CCTA treatment was shown to be as effective as the SPECT treatment, providing evidence supporting a “CCTA-first” strategy for the diagnosis and management of these patients. A non-invasive diagnostic test, such as the tools used in this study, improves care for the patients, and advances the optimization of cardiac care. This study will have a long-term impact for those currently suffering from heart disease, or who may in the future.

Encouraging Customized Breast Cancer Screening

A third ACR driven, NIH-funded, clinical trial I would like to highlight for the Subcommittee, is the Tomosynthesis Mammographic Imaging Screening Trial (TMIST). TMIST is a current study that will help researchers learn the best way to find breast cancer in women who have no symptoms.⁴ This trial compares two types of mammograms, the standard digital mammograms (2-D) and a newer technology called tomosynthesis mammograms (3-D). This study focuses on detecting breast cancer before it becomes advanced, aiming to reduce the

² <https://www.cdc.gov/heartdisease/facts.htm>

³ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5443342/>

⁴ <https://www.cancer.gov/about-cancer/treatment/clinical-trials/nci-supported/tmist>

morbidity and mortality of women who develop breast cancer. TMIST is a multi-faceted study that uses integrated diagnostics to attempt to predict the likelihood of breast cancer in an individual. Family history, age, genetic markers, and breast density are examples of the data collected in this study to learn the behavior of breast cancer, with the intent to customize breast cancer detections strategies.

Creating a Central Public Repository of Medical Images

A final example of an ACR and NIH partnership is with the NCI and Booz Allen Hamilton project to develop an NCI-designated central public repository of medical images and associated clinical data from lung cancer screening patients. This will be used in artificial intelligence (AI) algorithm development and validation within the research community. A comprehensive “AI ready” dataset to use for algorithm training and validation is currently absent, particularly one that collects diverse, high-resolution annotated images accompanied with patient demographic characteristics, clinical history, cancer status, and CT imaging parameters. This repository will provide an opportunity for the development of new AI and machine learning algorithms beyond single institution experiences and will enable enhancements to equitable clinical care, leading to improvements in the diagnosis and treatment of lung cancer.

ACR will facilitate collection and harmonization of images and corresponding data from a total of 15,000 lung cancer screening patients from up to 15 clinical sites within the United States. NCI has set specific requirements for subject level representativeness for race and ethnicity. Socioeconomic status variables will also be collected, which will expand the breadth

and application of the dataset, provide downstream AI and social science research applications, and lay groundwork for future data collection efforts and collaborations.

Summary and Conclusion

Radiology and medical imaging impact a wide array of diseases and disorders, impacting at some level, all Americans. The use of imaging tools stretches farther than the examples described for lung cancer, heart disease, and breast cancer. Radiology and imaging are essential in almost all aspects of early detection, diagnosis, and treatment, and should be included in all of NIH's Institutes and Centers, as it is in NCI and NIBIB. Radiology and imaging are used as risk estimate tools, impacting a patient's quality of life and reducing the likelihood of suffering. The tools used in radiology may recommend clinical practice adaptations, such as avoiding an unnecessary surgery or procedure, thus altering the experience and risks and outcomes for patients.

Strong and predictable funding for NIH is crucial to ensure continued advancements in biomedical research discoveries, including those in radiology. ACR is grateful that NIH has received longstanding, bipartisan support from the Subcommittee. ACR thanks the Subcommittee for the continued support of biomedical research, and we look forward to working together to ensure breakthroughs and discoveries in radiology and other areas of medicine are possible. On behalf of ACR, we urge you to continue your strong support of NIH funding and appreciate your consideration of at least \$50.9 billion in FY 2024.