



 **RADIOLOGY®
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Mentoring and Professionalism


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Disclosures

Neither I nor my immediate family members
have a financial relationship with a
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Learning Objectives/Key Take-Away Points

- Mentorship
 - Why have a mentor
 - Picking the Right Mentor
 - How to get the most from a Mentor
- Professionalism
 - Tips and Considerations

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Mentorship

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Why have a mentor?

- Mentors provide advice to help you achieve personal and professional goals
- Mentors know what it takes to succeed
- Mentors motivate you
- Mentors open doors for you
 - Networking
 - Finding opportunities

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Picking the Right Mentor

- Who do you want to emulate ?
- Don't be afraid to aim high
- Intangibles
 - Mutual consent and respect
- Helps to have a personal connection
 - Spontaneous versus arranged mentor/mentee programs

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How to get Most from a Mentor

- Pick the Right Mentor for you!
 - Chief Resident ? Fellow? Young Staff ?
 - Department Chair ?
 - ACR Commission Chair ?
 - Health System or Hospital Executive ?

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How to get Most from a Mentor

- Establish the mentor/mentee relationship

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How to get Most from a Mentor

- Initial meeting(s)
- Inform mentor of who you are
 - What drives you
 - More specifics, the better
- Set expectations/goals of the relationship
 - Short term (1-5 years)
 - Medium term (5-10 years)
 - Long term (10 + years)
- Establish how often you meet

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How to get Most from a Mentor

- Be respectful of your mentor
 - Grateful
 - Respect his/her time

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How to get Most from a Mentor

- Criticism and Self-reflection
 - Don't avoid it.. request it!
 - Focus on one weakness at a time

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How to get Most from a Mentor

- Networking and Career advancement
 - You are your own best advocate
 - Request advancing professional opportunities as appropriate

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Professionalism

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General Tips: Being Professional

- Be on time
 - First one in, last one out

- 3 A's for Radiologist Success
 - Affable
 - Available
 - Accurate

- Courteous to support staff and technologists

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VPHLMDCF1

General Tips: Acting like a Professional

- Dress the Part
 - White coat

- Carrying business cards
 - Networking with other professionals
 - Connecting with patients

Van Geertruyden PH. Radiologists and the Vanishing White Coat *Journal of the American College of Radiology* 2009 Feb; 6: 77-8.

Van Geertruyden PH. The AWOL Business Card *Journal of the American College of Radiology* 2018 Aug; 15:1188-1189.

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General Tips: Responding as a Professional

- **Email**
 - Respond within 24 hours
 - Check before work and after work
 - Use inbox for “to do” reminders
 - Perform requested task (Immunization, peer reference, etc..) and move to subfolder
 - File email using subfolders
 - Be wary of what you write via email
 - Talk by phone or in person

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General Tips: Participating as a Professional

- **Professional organizations**
 - **Join**
 - ABR
 - ACR
 - RSNA
 - ARRS
 - Subspecialty society
 - **Participate**
 - State Chapter
 - ACR committees and commissions

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General Tips: Participating as a Professional

- Hospital and/or Practice Committees

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Conclusion

- Mentorship
 - Picking the Right Mentor for you
 - Benefits
- Professionalism
 - Act
 - Respond
 - Participate

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