Leader Self-Awareness: A Deeper Look at Emotional and Social Competence (Taylor)

In the RLI Summit of 2018, we explored the importance of emotional and social competence as an indicator of effective leadership. Since that time, we have learned much more about the importance of these competencies. For example, emotional and social competencies are more important than personality traits or cognitive capability in predicting several key individual and organizational outcomes (e.g., job satisfaction, turnover intentions, organizational citizenship behavior). In this session, we focus on the most critical of all emotional and social competencies: leader self-awareness.

Research shows that somewhere around 85-95% of people report they are self-aware. Sadly, the real number is likely much lower, with some sources citing that number to be as low as 10-15%! Research also shows that leader self-awareness is one of the most revealing leadership traits an individual can possess. It offers clues about how effectively they will manage teams and predicts how successful their leadership efforts will be.

Unfortunately, most workplaces are not set up to help leaders practice and develop leader self-awareness. In this RLI session, we will do a deep dive into what leader self-awareness is, why it matters to your leadership, and how it can become a critical part of your radiology practice.

- Understand and apply the two components of leader self-awareness
- Explore why leader self-awareness is such a differentiator for successful leaders
- Examine what inhibits leaders from becoming self-aware
- Generate specific action steps to further develop leader self-awareness for yourself and others