THE 'SHAWSHANK PHENOMENON'; IN RADIOLOGY: ISSUES WITH CHANGING RADIOLOGY JOBS AFTER STAYING IN A LONG TERM POSITION

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The Shawshank Redemption Film

- The film “The Shawshank Redemption” premiered in 1994

- *The Shawshank Redemption* is a friendship-based film that illustrates the themes of:
  - Hope
  - Friendship
  - Camaraderie
  - Perseverance
  - Patience

Retrieved From: moviesanywhere.com/movie/the-shawshank-redemption
Challenges of Changing Radiology Jobs

- Changing radiology jobs after staying in a long term position can be challenging

Potential Challenges:
- Developing strong communication and work relationships with colleagues for efficient workflow
- Adapting to different work environments in academic centers or private practices

Challenges of Changing Radiology Jobs

• Integrating into the medical team and workplace
• Adapting to the new workflow
• Understanding new roles and responsibilities of the position
• Adjusting to the new Electronic Medical Records (EMR)
• Adapting to a new schedule
  • Duty Hours, Day/Night Schedule, Department Meetings
• Switching clinical environments
  • Private Practice or Hospital Based Position
• Adjusting to a new geographic location
Applying Themes From The Film

• *The Shawshank Redemption* provides numerous themes that can assist in a job transition

**Application of Themes:**

• Develop camaraderie with your new colleagues and members of the staff
• Be patient with your transition and adjustment to the new work environment
• Changing positions to a new hospital system or private practice requires perseverance and patience
Tips For Successful Transition

- Introduce yourself to all members of the team (i.e. Radiologists, Technicians, Nurses)
- Reach out to colleagues with questions or concerns
- Be involved in the workplace environment
- Schedule periodic meetings with Head of Department to address questions and receive feedback regarding responsibilities and performance
- Be open to feedback from members of the team
Tips For Successful Transition

- Be organized - give yourself extra time to complete tasks you are unfamiliar with in the new hospital system
- Ask for help when you need it
- Be patient - give yourself time to learn and adjust to the new workflow
- Be honest and realistic about expectations during the transition
- If changing locations, explore the new geographic location and become familiar with the area
Summary

- Changing Radiology positions can be challenging from many perspectives.
- Developing camaraderie with all members of the radiology team is crucial for a smooth and successful transition into the team.
- Maintaining communication with fellow colleagues can be beneficial in addressing questions and concerns regarding performance and responsibilities.
- Patience is a key attribute that can help manage expectations and reduce stress during the transition period.
References