ACR–AAPM TECHNICAL STANDARD FOR DIAGNOSTIC MEDICAL PHYSICS PERFORMANCE MONITORING OF FLUOROSCOPIC EQUIPMENT

PREAMBLE

This document is an educational tool designed to assist practitioners in providing appropriate radiologic care for patients. Practice Parameters and Technical Standards are not inflexible rules or requirements of practice and are not intended, nor should they be used, to establish a legal standard of care. For these reasons and those set forth below, the American College of Radiology and our collaborating medical specialty societies caution against the use of these documents in litigation in which the clinical decisions of a practitioner are called into question.

The ultimate judgment regarding the propriety of any specific procedure or course of action must be made by the physician or medical physicist in light of all the circumstances presented. Thus, an approach that differs from the practice parameters, standing alone, does not necessarily imply that the approach was below the standard of care. To the contrary, a conscientious practitioner may responsibly adopt a course of action different from that set forth in the practice parameters when, in the reasonable judgment of the practitioner, such course of action is indicated by the condition of the patient, limitations of available resources, or advances in knowledge or technology subsequent to publication of the practice parameters. However, a practitioner who employs an approach substantially different from these practice parameters is advised to document in the patient record information sufficient to explain the approach taken.

The practice of medicine involves not only the science, but also the art of dealing with the prevention, diagnosis, alleviation, and treatment of disease. The variety and complexity of human conditions make it impossible to always reach the most appropriate diagnosis or to predict with certainty a particular response to treatment. Therefore, it should be recognized that adherence to these practice parameters will not assure an accurate diagnosis or a successful outcome. All that should be expected is that the practitioner will follow a reasonable course of action based on current knowledge, available resources, and the needs of the patient to deliver effective and safe medical care. The sole purpose of these practice parameters is to assist practitioners in achieving this objective.

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1 Iowa Medical Society and Iowa Society of Anesthesiologists v. Iowa Board of Nursing, 831 N.W.2d 826 (Iowa 2013) Iowa Supreme Court refuses to find that the ACR Technical Standard for Management of the Use of Radiation in Fluoroscopic Procedures (Revised 2008) sets a national standard for who may perform fluoroscopic procedures in light of the standard's stated purpose that ACR standards are educational tools and not intended to establish a legal standard of care. See also, Stanley v. McCarver, 63 P.3d 1076 (Ariz. App. 2003) where in a concurring opinion the Court stated that “published standards or guidelines of specialty medical organizations are useful in determining the duty owed or the standard of care applicable in a given situation” even though ACR standards themselves do not establish the standard of care.
I. INTRODUCTION

This technical standard was developed collaboratively by the American College of Radiology (ACR) and the American Association of Physicists in Medicine (AAPM).

Fluoroscopy is a technique that provides real-time x-ray imaging that is especially useful for guiding a variety of diagnostic and interventional procedures. Equipment may consist of conventional fluoroscopic units mainly used in diagnostic radiology departments; bi-plane or C-arm systems used for cardiac, neurological, and vascular interventions; and mobile C-arm and mini C-arm machines mostly used in surgery and orthopedics. Some of the new fluoroscopic systems have 3-D and 4-D reconstruction capabilities. Equipment operating outside radiology departments, such as surgery, cardiology, urology, orthopedics, obstetrics and gynecology, gastroenterology, physiatry and pain management clinics [1], are subject to the same performance evaluation criteria. Fluoroscopic units used in the diagnosis and follow-up of patients who have undergone radiation therapy are also considered in this standard. Equipment used in radiation therapy rooms for image-guided radiation therapy (IGRT) that have a fluoroscopy component or fluoroscopes used for radiation therapy treatment planning are not considered in this standard. Performance standards for these types of systems are addressed in ACR–AAPM Technical Standard for Medical Physics Performance Monitoring of Image-Guided Radiation Therapy (IGRT) [2].

The performance of all fluoroscopic equipment, whether a stand-alone system or part of a hybrid radiographic/fluoroscopic system, must be evaluated upon installation and monitored at least annually by a qualified medical physicist. The goal is to establish and maintain performance standards that will result in the highest-quality diagnostic image at the lowest reasonable radiation dose consistent with the designated use of the equipment and the information requirement of the examination. Additional or more frequent evaluation may be necessary after repairs that might change the imaging performance of the equipment or the radiation exposure to patients or personnel. Adherence to this technical standard will assist in optimizing image quality and patient radiation dose.

In the context of this document, “designated use(s)” means specific clinical use(s) of an individual x-ray system designated by the facility (eg, cardiac catheterization, neurointerventions, orthopedic surgeries, etc). The facility should ensure that the designated use of the equipment matches the intended use or indications for use found in the manufacturer/vendor-supplied user manual or on the FDA website [3].

II. QUALIFICATIONS AND RESPONSIBILITIES OF A QUALIFIED MEDICAL PHYSICIST

A Qualified Medical Physicist is an individual who is competent to practice independently one or more of the subfields in medical physics. The American College of Radiology (ACR) considers certification, continuing education, and experience in the appropriate subfield(s) to demonstrate that an individual is competent to practice one or more of the subfields in medical physics, and to be a Qualified Medical Physicist. The ACR strongly recommends that the individual be certified in the appropriate subfield(s) by the American Board of Radiology (ABR), the Canadian College of Physics in Medicine, the American Board of Science in Nuclear Medicine (ABSNM), or the American Board of Medical Physics (ABMP).

A Qualified Medical Physicist should meet the ACR Practice Parameter for Continuing Medical Education (CME). [4]

The appropriate subfield of medical physics for this technical standard is diagnostic medical physics (previous medical physics certification including radiological physics, diagnostic radiological physics, and diagnostic imaging physics are also acceptable). (ACR Resolution 17, adopted in 1996 – revised in 2008, 2012, 2022, Resolution 41f)

A qualified medical physicist must be responsible for acceptance testing, routine performance and evaluation, and the technical aspects of fluoroscopic procedures. Those responsibilities should be clearly defined (see Section III).

Understanding of the relationship between image quality and patient radiation dose is essential for the performance evaluation of equipment. The qualified medical physicist must be familiar with the principles of imaging physics and radiation protection; the current guidelines of the National Council on Radiation Protection and Measurements.
(NCRP) and the International Commission on Radiological Protection; federal and local laws and regulations pertaining to the performance of the equipment being tested; current requirements of accrediting organizations, such as The Joint Commission; the function, clinical uses, and performance specifications of the imaging equipment; and calibration processes and limitations of the instruments used for testing performance.

The qualified medical physicist is responsible for the test protocols, the test methods, and the acceptability criteria. The qualified medical physicist may be assisted by other properly trained individuals in obtaining test data for performance monitoring. These individuals must be properly trained and approved by the qualified medical physicist in the techniques of performing the tests, the function and limitations of the imaging equipment and test instruments, the reasons for the tests, and the importance of the test results. The tests will be performed by or under appropriate supervision of the qualified medical physicist according to local regulatory requirements and/or facility policies and procedures. The qualified medical physicist is responsible for, and must review, interpret, and approve all data and provide a signed report [5].

III. PERFORMANCE CHARACTERISTICS TO BE MONITORED

The qualified medical physicist’s monitoring of performance characteristics must comply with all appropriate regulations.

A. Acceptance Testing

Prior to acceptance testing, electrical safety and digital image communication must be verified by appropriate personnel.

Acceptance testing of imaging equipment must be performed before clinical use. The evaluation should include all of the tests performed during the periodic performance evaluation and must verify the following:

1. Compliance with regulatory requirements
2. Compliance with contractual terms
3. Agreement with applicable manufacturer’s specifications

Thorough testing of the fluoroscopic imaging chain during acceptance testing provides information necessary for clinical use and establishes baseline measurements for future quality control (QC) checks [6-8]. A critical issue, especially in interventional radiology and pediatric fluoroscopy, is the development and/or validation of patient imaging protocols, a task that should be carried out at the time of equipment acceptance testing by a multidisciplinary team composed of the 1) qualified medical physicist, 2) the manufacturer/vendor’s representative, 3) the user physician(s) performing the fluoroscopic procedures, 4) the radiologic technologists, and 5) the service engineer, if one is available. If the images are going to be part of a PACS, an information technology specialist may also be part of this multidisciplinary team.

Fluoroscopic systems may be used to image pediatric patients in addition to adult patients. The qualified medical physicist should ensure that fluoroscopes that may image pediatric patients are as carefully configured for the smallest pediatric patient to be examined as they are for small- to large-sized adult patients [9].

A table listing the recommended parameters to be evaluated during acceptance testing for fluoroscopic equipment is presented in Appendix A. The parameters are written in general terms, with additional guidance provided as applicable. The qualified medical physicist responsible for acceptance testing may select an appropriate subset of parameters to be assessed or modify the extent of the measurements depending on the designated use(s) of the fluoroscopic equipment. Measurement methods and criteria are given in multiple reports [10-19]. Digital image communication and the storage of dose indices should also be verified [18].

B. Performance Evaluation

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2 Equipment cannot be used for clinical purposes without the FDA mandated installation report being completed (Assembler’s Guide to Diagnostic X-Ray Equipment Form FDA 2579).
After acceptance testing, the performance of each fluoroscopic system must be evaluated at least annually and upon change of designated use or replacement/repair of a major component that may affect the image quality, patient radiation dose, or personnel (staff) irradiation. A periodic review of clinical data should be performed to assess the appropriateness of protocols and to help determine the most clinically relevant modes to test during performance evaluations. These evaluations should include all modes of operation including fluoroscopy, digital acquisition, and volumetric imaging.

The table in Appendix A also lists the recommended parameters to be assessed during performance evaluation for fluoroscopic equipment. The qualified medical physicist may repeat some of the evaluations performed at acceptance testing as part of the periodic performance evaluation.

C. Quality Control Program

A continuous QC program should be implemented for all fluoroscopic systems. The program should be established with the assistance of the qualified medical physicist and should identify the individual or job role responsible for performing the tests. The qualified medical physicist may choose to modify the frequency of testing based on the system’s complexity, usage, and performance. The qualified medical physicist should periodically review and approve the QC program data. The QC program should include, but not be limited to, the QC tests listed in Appendix A.

A regular review of radiation dose indices and a comparison with guidelines is recommended as part of a comprehensive QC program [20].

D. Written Survey Reports and Follow-Up Procedures

The qualified medical physicist must provide a written report of the findings of acceptance testing and performance evaluation to the responsible physician(s), and, if appropriate, to the professional(s) in charge of obtaining or providing necessary service to the equipment. If appropriate, the qualified medical physicist should initiate the required service. Written reports must be provided in a timely manner consistent with the importance of any adverse findings.

IF USE OF THE EQUIPMENT WOULD POSE AN UNDUE RISK TO PATIENTS OR STAFF, THE QUALIFIED MEDICAL PHYSICIST MUST IMMEDIATELY COMMUNICATE THIS RISK TO APPROPRIATE MEDICAL STAFF OR THE FACILITY’S RADIATION SAFETY OFFICER TO EITHER PREVENT OR LIMIT ITS USE UNTIL THE EQUIPMENT HAZARD IS ADDRESSED.

IV. RADIATION SAFETY IN IMAGING

Radiologists, medical physicists, registered radiologist assistants, radiologic technologists, and all supervising physicians have a responsibility for safety in the workplace by keeping radiation exposure to staff, and to society as a whole, “as low as reasonably achievable” (ALARA) and to assure that radiation doses to individual patients are appropriate, taking into account the possible risk from radiation exposure and the diagnostic image quality necessary to achieve the clinical objective. All personnel that work with ionizing radiation must understand the key principles of occupational and public radiation protection (justification, optimization of protection and application of dose limits) and the principles of proper management of radiation dose to patients (justification, optimization and the use of dose reference levels).


Nationally developed guidelines, such as the ACR’s Appropriateness Criteria, should be used to help choose the most appropriate imaging procedures to prevent unwarranted radiation exposure.

Facilities should have and adhere to policies and procedures that require varying ionizing radiation examination protocols (plain radiography, fluoroscopy, interventional radiology, CT) to take into account patient body habitus (such as patient dimensions, weight, or body mass index) to optimize the relationship between minimal radiation
dose and adequate image quality. Automated dose reduction technologies available on imaging equipment should be used whenever appropriate. If such technology is not available, appropriate manual techniques should be used.

Additional information regarding patient radiation safety in imaging is available at the Image Gently® for children (www.imagegently.org) and Image Wisely® for adults (www.imagewisely.org) websites. These advocacy and awareness campaigns provide free educational materials for all stakeholders involved in imaging (patients, technologists, referring providers, medical physicists, and radiologists).

Radiation exposures or other dose indices should be measured and patient radiation dose estimated for representative examinations and types of patients by a Qualified Medical Physicist in accordance with the applicable ACR technical standards. Regular auditing of patient dose indices should be performed by comparing the facility’s dose information with national benchmarks, such as the ACR Dose Index Registry, the NCRP Report No. 172, Reference Levels and Achievable Doses in Medical and Dental Imaging: Recommendations for the United States or the Conference of Radiation Control Program Director’s National Evaluation of X-ray Trends. (ACR Resolution 17 adopted in 2006 – revised in 2009, 2013, Resolution 52).

All applicable sections of the ACR–AAPM Technical Standard for Management of the Use of Radiation in Fluoroscopic Procedures [21] must be implemented. The qualified medical physicist should assist facilities in understanding and developing policies and procedures to evaluate risks to patients, personnel, and physicians from studies and interventions requiring prolonged radiation exposure [12]. The qualified medical physicist may assist the radiation safety officer in evaluating the radiation risks to occupationally exposed individuals as well as members of the public who may be affected by the fluoroscopic equipment, which can include radiation shielding calculations, scatter surveys, and radiation shielding integrity evaluation.

ACKNOWLEDGEMENTS

This technical standard was revised according to the process described under the heading The Process for Developing ACR Practice Parameters and Technical Standards on the ACR website (https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards) by the Committee on Practice Parameters and Technical Standards – Medical Physics of the ACR Commission on Medical Physics, in collaboration with the AAPM.

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TECHNICAL STANDARD 5 Fluoro Equip Standard
REFERENCES


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APPENDIX A

Fluoroscopic Equipment Performance Evaluation

The recommended parameters to be evaluated by the Qualified Medical Physicist (as applicable) are listed below, with designations for Acceptance Testing, Performance Evaluation, and QC.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Acceptance Testing</th>
<th>Performance Evaluation</th>
<th>Quality Control</th>
<th>Comments, Details, and Other Considerations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evaluation of mechanical and system safety</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>eg, all mechanical parts move smoothly, without obstructions. Unit is mechanically stable, image receptor is free from vibration, and securely affixed to C-arm assembly. All electrical wiring is secured as designed and undamaged. All system protective coverings are intact. *Emergency power off switches are functioning, and shielded from accidental activation by users</td>
</tr>
<tr>
<td>Operation of alerts and interlocks</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>eg, 5-minute timer and high level fluoro signal are functional</td>
</tr>
<tr>
<td>Assessment of radiation protection equipment</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>eg, as applicable, operator is appropriately shielded</td>
</tr>
<tr>
<td>Parameter</td>
<td>Acceptance Testing</td>
<td>Performance Evaluation</td>
<td>Quality Control</td>
<td>Comments, Details, and Other Considerations</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------</td>
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<td>---------------------------------------------</td>
</tr>
<tr>
<td>Appropriateness of adult protocols (fluoroscopic and acquisition)</td>
<td>Y – for all designated uses</td>
<td>Y – for most common uses</td>
<td>N</td>
<td>See radiologyinfo and the ACR Appropriateness Criteria® [20]</td>
</tr>
<tr>
<td>Appropriateness of pediatric protocols and equipment configurations, if applicable</td>
<td>Y – for all designated pediatric uses</td>
<td>Y – for most common pediatric uses</td>
<td>N</td>
<td>See ACR Appropriateness Criteria® and <a href="http://www.imagegently.org">www.imagegently.org</a> [20]</td>
</tr>
<tr>
<td>Identification of isocenter location</td>
<td>Y</td>
<td>N</td>
<td>N</td>
<td></td>
</tr>
<tr>
<td>Collimation and radiation beam alignment</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td></td>
</tr>
<tr>
<td>Tube potential (kVp) accuracy and reproducibility</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td></td>
</tr>
<tr>
<td>Minimum beam quality (half-value layer) assessment</td>
<td>Y – for all designated uses</td>
<td>Y – for most common uses</td>
<td>N</td>
<td></td>
</tr>
<tr>
<td>Table/pad attenuation measurement</td>
<td>Y</td>
<td>N</td>
<td>N</td>
<td>See TG 272</td>
</tr>
<tr>
<td>Determination of dose notification thresholds</td>
<td>Y</td>
<td>N</td>
<td>N</td>
<td>See NCRP 168 [12]</td>
</tr>
<tr>
<td>Evaluation of automatic dose rate control performance (including patient entrance air kerma rate for a “typical” adult patient and a “typical” pediatric patient if applicable)</td>
<td>Y – for all designated uses</td>
<td>Y – for most common uses</td>
<td>N</td>
<td></td>
</tr>
<tr>
<td>Measurement of maximum patient entrance air kerma rate</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>Clinically relevant fluoroscopic and acquisition modes</td>
</tr>
<tr>
<td>Accuracy assessment of the displayed radiation metrics</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>Air kerma rate, cumulative air kerma, kerma area product. Peak skin dose and dose mapping at acceptance, if applicable.</td>
</tr>
<tr>
<td>Image receptor air kerma rate measurement</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>Fluoroscopic and acquisition modes [22]</td>
</tr>
<tr>
<td>Image quality assessment: system high contrast spatial resolution</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>Use appropriate test tools or phantom and software</td>
</tr>
<tr>
<td>Image quality assessment: system low contrast sensitivity</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>Use appropriate test tools or phantom and software</td>
</tr>
<tr>
<td>Image quality assessment: artifacts</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>Dead pixels, nonuniformities, anode cutoff, etc.</td>
</tr>
<tr>
<td>Modality display performance</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td></td>
</tr>
<tr>
<td>Parameter</td>
<td>Acceptance Testing</td>
<td>Performance Evaluation</td>
<td>Quality Control</td>
<td>Comments, Details, and Other Considerations</td>
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<td>------------------------------------------------</td>
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<tr>
<td>Interoperability assessment</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>Connectivity to PACS, RIS, dose monitoring software, postprocessing software, etc. See TG 248 [18].</td>
</tr>
<tr>
<td>Vendor recommended QC (if applicable)</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>eg, detector calibrations</td>
</tr>
</tbody>
</table>

*When testing the emergency off switch, it is recommended a service engineer be present.

*As of May 2015, all practice parameters and technical standards that are collaborative with only the American Association of Physics in Medicine are approved by the ACR Council Steering Committee and the ACR Board of Chancellors and will not go through the ACR Council (ACR Resolution 54, 2015). The effective date is the first day of the month following a 60-day period that begins on the date the document was approved.

Development Chronology for this Technical Standard
1992 (Resolution 11)
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