

EXAMPLE PREMEDICATION REGIMENS

Methylprednisolone 32 mg PO 12,
2 hrs prior +/- Benadryl 50 mg PO
1 hr prior.

OR

Prednisone 50 mg PO 13, 7, 1 hours
prior
+/- Benadryl 50 mg PO 1 hr prior.

OR

Hydrocortisone 200 mg IV 5 hrs and
1 hr prior and Benadryl 50 mg IV 1
hr prior.
(urgent, NPO only, ER, inpatient)

CONTRAST EXTRAVASATION

Elevate arm (heart level), apply cool
compress, remove rings. Observe.
Consider surgical consultation for
decreased perfusion, sensation,
strength, active range of motion,
or increasing pain.

**Document reaction & monitor for return
of symptoms post-treatment**

HIVES/DIFFUSE ERYTHEMA

1. Observation; monitor vitals q 15 min.
Preserve IV access.
2. If associated with hypotension or
respiratory distress then considered
Anaphylaxis:
 - ◆ O₂ 6-10 L/min by face mask
 - ◆ IVF 0.9% NS wide open; elevate legs > 60°
 - ◆ Epinephrine 0.3 mL of 1mg/mL IM (or auto-
injector) OR Epinephrine 1 mL of 1mg/10mL
(0.1 mg/mL) IV with slow flush or IV fluids
 - ◆ Call 911 or CODE BLUE
3. If *ONLY* skin findings but severe or
progressive may consider Benadryl 50
mg PO, IM, IV but may cause or worsen
hypotension.

HYPOTENSION WITH TACHYCARDIA (ANAPHYLAXIS)

1. Preserve IV access, monitor vitals q 15m
2. O₂ 6-10 L/min by face mask
3. Elevate legs > 60°
4. IVF 0.9% NS wide open
5. Epinephrine 0.3 mL of 1mg/mL IM (or auto-injector) OR Epinephrine 1 mL of 1mg/10mL (0.1 mg/mL) IV with slow flush or IV fluids
6. **Call 911 or CODE BLUE**

HYPOTENSION WITH BRADYCARDIA

1. Preserve IV access; monitor vitals
2. O₂ 6-10 L/min by face mask
3. Elevate legs > 60°
4. IVF 0.9% NS wide open
5. Atropine 0.6-1.0 mg IV if refractory
6. **Consider calling 911 or CODE BLUE**

ADULT

LARYNGEAL EDEMA (INSPIRATORY STRIDOR)

1. Preserve IV access, monitor vitals
2. O₂ 6-10 L/ min by face mask
3. Epinephrine 0.3 mL of 1mg/ mL IM (or auto-injector) OR Epinephrine 1 mL of 1mg/10mL (0.1 mg/mL) IV with slow flush or IV fluids
4. **Call 911 or CODE BLUE**

BRONCHOSPASM (EXPIRATORY WHEEZE)

1. Preserve IV access, monitor vitals
2. O₂ 6-10 L/min by face mask
3. Beta-2 agonist inhaler 2 puffs; repeat x 3
4. If not responding or severe, then use Epinephrine 0.3 mL of 1mg/ mL IM (or auto-injector) OR Epinephrine 1 mL of 1mg/10mL (0.1 mg/mL) IV with slow flush or IV fluids
5. **Call 911 or CODE BLUE**

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