

## Table 7

### Equipment for Emergency Carts\*

The contact number of the cardiopulmonary arrest response team phone should be clearly posted.

- Oxygen cylinders, flow valve, nasal prongs, tubing, partial non-rebreather oxygen masks\*\* (adult and pediatric sizes).
- Suction: wall-mounted or portable; tubing and catheters.
- Oral airways: rubber/plastic; and/or protective breathing barriers.
- “Ambu® - type” bag – valve mask and mouth mask (adult and pediatric sizes) with protective barrier.
- Endotracheal tubes: laryngoscopes (adult and pediatric sizes).
- Stethoscope; sphygmomanometer, tourniquets, tongue depressor.
- Intravenous solutions and tubing.
- Normal saline, Ringer's lactate.
- Syringes: variety of sizes.
- Needles: variety of sizes, including cardiac needle.
- Tracheostomy set, cut-down trays with sterile instruments.
- Necessary drugs and medication.

The following items should be on the emergency cart or immediately available:

- Defibrillator.
- Electrocardiogram.
- Blood pressure/pulse monitor.
- Pulse oximeter (optional).

Medications:

- Epinephrine 1:10,000, 10 ml preloaded syringe (for IV injection).
- Epinephrine 1:1000, 1 ml (for SC/IM injection) – optional, or
- Epinephrine IM auto-injector (injects 0.15 mg or 0.3 ml of 1:2000 [EpiPen Jr®\*\*\*] or 0.3 mg or 0.3 ml of 1:1000 [EpiPen®\*\*\*] - optional
- Atropine 1 mg in 10 ml preloaded syringe.
- Beta-agonist inhaler.
- Diphenhydramine for IM/IV injection.
- Nitroglycerin (NTG) – 0.4 mg tabs, sublingual.
- Aspirin 325 mg.

\* If in a hospital or clinic, the emergency cart should conform with hospital or departmental policies and procedures but usually includes these listed items.

\*\* Although oxygen can be administered in a variety of ways, use of partial non-rebreather masks is preferred because of their ability to deliver more oxygen to the patient.

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